



# UPCOMING GUEST SPEAKERS

**Dr. Elizabeth Bukowy:**

## Depression and Grief in Older Adults

Join us for an educational presentation about how mental health and grief impact older adults.

Our knowledgeable presenter for this event is Doctor Elizabeth Bukowy, who specializes in geriatric and palliative medicine. Doctor Bukowy's expertise on this topic also comes from her roles as an associate professor at the Medical College of Wisconsin & Froedtert Hospital and as a certified nursing home medical director. This presentation could benefit seniors who are curious about the intersection of depression and grief, or those who would like to learn more to support an older adult in their lives. Please be advised that this workshop is not a substitute for medical advice

Monday, September 29<sup>th</sup> 2-3pm

**Wyatt Kinner:**

## Understanding Traumatic Grief

This workshop's goal is to help others understand what traumatic grief is, how it differs from grief and complicated grief, and how to approach finding support. Wyatt Kinner is a psychotherapist at Tosa Psychological Services who specializes in trauma and grief. He appreciates being able to connect with those who can relate to grief and are interested in self-growth.

Thursday, October 23<sup>rd</sup> 2:30-3:30pm

Please call us at (414)586-8383 or go to  
[www.surveymonkey.com/r/springGRC2024](http://www.surveymonkey.com/r/springGRC2024) to register!